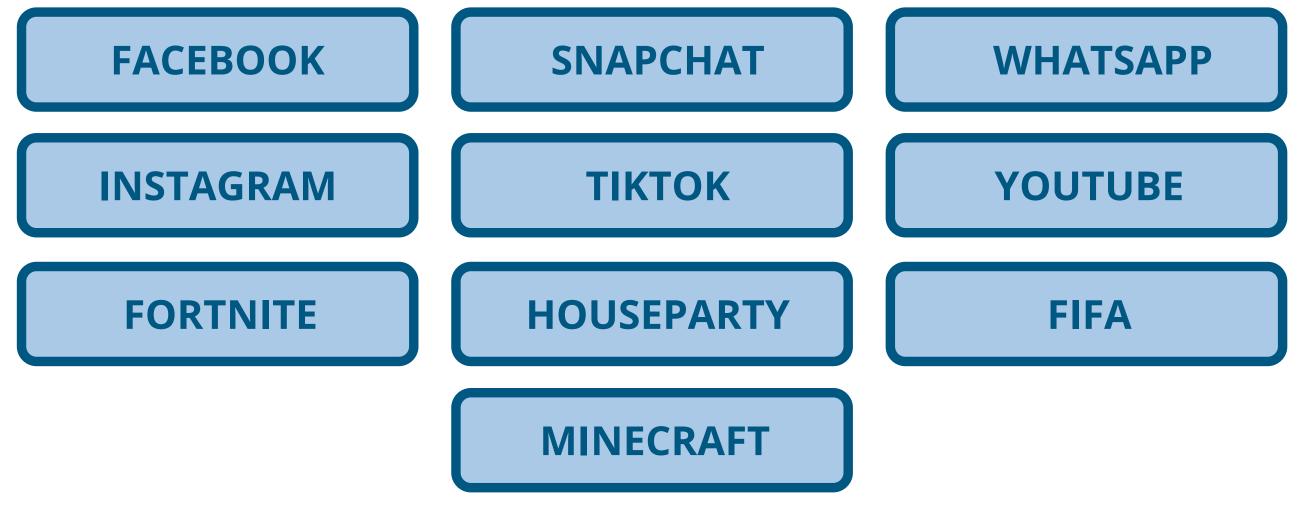
## SAFEGUARDING !!!

Keeping your child safe whilst they are at home and online is a worry for many. Below are links (in different languages) to the guidance that is offered to parents in how they can support their children online.

FARSI HINDI POLISH

PUNJABI SOMALI URDU

Young people have a variety of social media and online gaming options that they use. It is sometimes difficult to keep up to date with how each of them work. The links below are to posters which have some handy tips in keeping our young people safe.



If you do have a concern

- Stay calm
- Talk to your child, an open conversation is needed where you both talk. Talk to them about what is happening in an honest and supportive way.
- If you are worried then talk it through with your partner or a friend. If you are still concerned, then it is best to take action. You should then report this directly to CEOP or your local police force. **Report an incident to CEOP.**

During this time of isolation the National Criminal Agency (NCA) have produced activity packs for parents and carers to complete with children.

## **Activity packs**

**11-13 YEAR OLDS** 

14+ YEAR OLDS